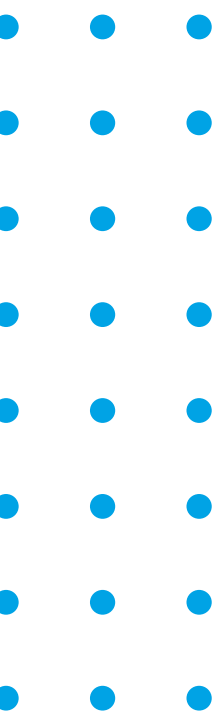


RECOMMENDATIONS PRESURGICAL

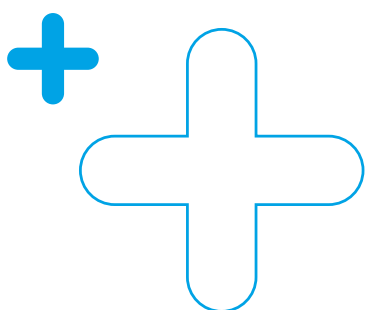
For your health and safety please take into account all the following recommendations.



CONTACTO

6183814 - 6183812

3168338440 - 3174427865



RECOMMENDATIONS

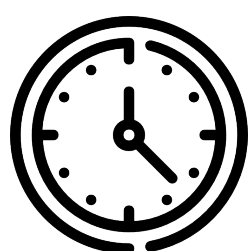
PRESURGICAL



On the day of the surgical procedure, take a bath at home using antibacterial soap.

While taking the bath, special attention should be paid to the umbilical area, armpits, nails and nostrils. In addition, before surgery, a good oral cleaning must be done avoiding swallowing water.

Do not shave skin.



You must show up 1 hour and a half before the indicated time of the procedure.



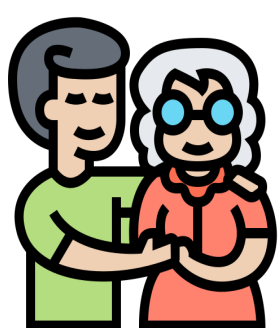
Always wear a mask covering your nose and mouth. Properly wash and sanitize hands.



Wear comfortable clothing, do not wear valuable items or accessories such as earrings or jewelry.

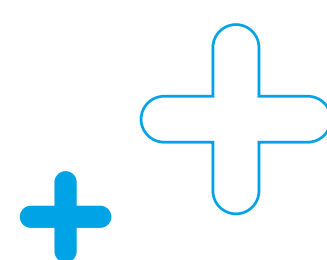
Remove makeup from your face as well as any type of nail polish (either acrylic, permanent, semi-permanent, synthetic nails, etc.).

Remove your dental prostheses as well as any other dental appliance.



If hospitalization is required, only 1 companion is allowed to enter the room.

Attend surgery with a companion of legal age.



IMPORTANT

Please inform the healthcare staff about any type of allergy and/or intolerance you may suffer from including food, latex and medications.

if for any reason you cannot receive blood transfusions, please inform the healthcare staff sufficiently in advance. Please inform the staff about any health situation such as fever or colds.

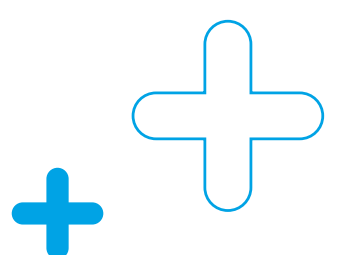
RECOMMENDATIONS

Avoid taking aspirin and its derivatives, vitamin e, glucosamine, ginseng, ginkgo biloba and all kinds of medicines that can alter coagulation.

Alcohol: You should not consume any type of alcoholic beverage or stimulant for at least two days before your surgery. if not, it can increase the risk of complications during the procedure.

Cigarette: If you are a smoker, it is very important to reduce consumption to a minimum before and after your surgery.

Medications: If you suffer from any special health condition, you must inform the anesthesiologist of all medications you are taking, he will give you the indications of which ones you should suspend before, during and after your surgery.



Anesthesia directions



You must fast for at least 6 hours before the hospital admission. water, tobacco, candy and/or bubble gum are not allowed to be consumed. If your surgery is scheduled in the morning, the last meal should be eaten before 9:00 p.m. If your surgery is scheduled in the afternoon (12:00 pm) you can have breakfast before 6:00am.

Note: After this time you can not eat or drink anything.

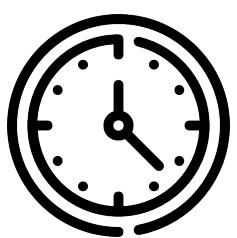
Remember that homeopathy products and vitamins are medicinesmedicamentos.

Travel recommendations

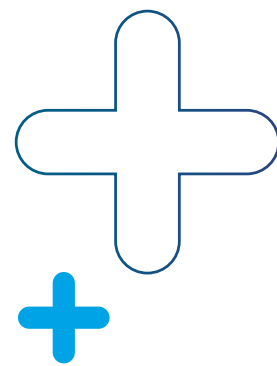


Waiting time before surgery.
America 48 hours.
Transatlantic trip 5 days.

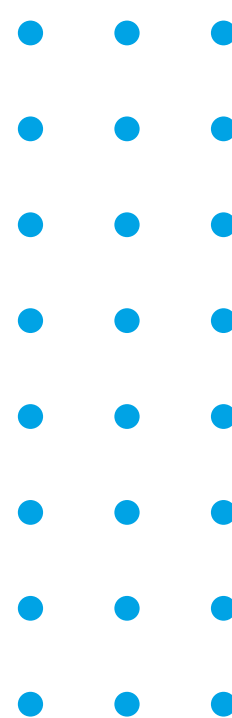
Stitch removal schedule



Monday (except holidays) to friday
2:00 p.m. to 4:00 p.m.



We hope you have a nice and safe experience with us.



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